

The Original National  
Championship!  
The Longest Running  
Tournament in the Country!  
National Championships  
for All Ages!

# AAU

## Grand Nationals

Freestyle • Greco-Roman • Folkstyle

**June 15–17, 2017**

Win a Triple Crown  
In One Weekend!  
Part of the  
AAU Wrestling National  
Championship Belt Series

Sport City, 757 W. 11400 S., Draper, UT 84020  
info@AAUGrandsUtah.com • www.AAUGrandsUtah.com

### Registration

- Preregistration Deadline • Friday, June 9, 4 p.m. MST • \$40 for One, Two or All Three Styles
- On-Site Registration • \$50 for One, Two or Three Styles (required for AAU Grand Nationals Triple Crown)

### Age Divisions

- Men's Divisions: Tots (6 and Under) through Senior (Over 18) and Masters (30 and Older)
- Women's Divisions: Tots (6 and Under) through Senior (Over 18) and Masters (30 and Older)

### Weigh-Ins • Required on day prior to competition only.

- Wednesday, June 14, 4–7 p.m. *Must* Wrestle Folkstyle
- Thursday, June 15, 4–5:30 p.m. *Must* Wrestle Freestyle
- Friday, June 16, 4–5 p.m. *Must* Wrestle Greco-Roman

### General Admission

- Adult: \$30 for All 3 Tournaments or \$15/Tournament
- Child 12 & Under: \$20 for All 3 Tournaments or \$10/Tournament

### Coaches Pass/Admission

- *Must* have current AAU Adult Membership
  - \$20 for All 3 Tournaments or \$10/Tournament
- *Free* Coaches Pass: 1 for 10 Wrestlers Registered, 2 for 15 Wrestlers Registered, etc.

**Folkstyle National Championships** • Thursday, June 15 • Wrestling Begins at 8:30 a.m. All Divisions  
**Freestyle National Championships** • Friday, June 16 • Wrestling Begins at 8:30 a.m. All Divisions  
**Greco-Roman National Championships** • Saturday, June 17 • Wrestling Begins at 8:30 a.m. All Divisions

### Awards: All Three Tournaments

- Outstanding Wrestler Award for Each Age Group (Tots through Elite and Women's)
- Fastest Pin Award
- Medals for the Top Six in each weight class
- Sportsmanship Awards (at Mat Official's discretion)
- Team Trophies (Based on 10-Man Team Roster)
- AAU Grand Nationals Triple Crown for winning All Three Tournaments
- Part of the AAU Wrestling National Championship Belt Series

#### Competition Guidelines

- No age-based rule modifications; FILA/UWW rules with minor AAU modifications
  - Weight Classes are as per AAU Wrestling rules
  - One singlet as well as covered shoe laces are required
  - Head gear and kneepads are allowed but not required
  - Coach's Pass required to go matside
  - Technical Fall for freestyle, Greco-Roman and folkstyle will be awarded when one wrestler achieves a 12-point lead.
  - A minimum 15-minute wait period is required between matches, unless waived in writing.
- Note:* There is a strong likelihood that athletes wrestle more than five (5) matches in one day.

#### AAU Sanctioned Event

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of event entry fee.
- AAU membership must be obtained before competition begins except where event operators have a laptop available with Internet connection. Participants are encouraged to visit [www.aausports.org](http://www.aausports.org) to obtain membership.

Tournament T-Shirts • Outstanding Concessions • Wrestling T-Shirts • Equipment Available • Breakfast Available Each Morning